

lens, so that at a distance of fifteen feet the light could be concentrated on a surface an inch in diameter if desired. A screen made of strips of blue glass is placed between the patient and the lamp to cut off some of the heat-rays. The chest of the patient is bared and the light concentrated to a circle of fifteen or twenty inches in diameter. The exposures vary from half an hour to an hour, and are given daily.

The first effect of the light is a diminution of cough and temperature within forty-eight hours. There is a gain in weight, the amount of expectoration is perceptibly diminished, and the number of bacteria very much reduced within the first week of treatment. Light being a powerful germicide, their destruction is supposed to be due to its concentration upon them.

Several patients who on beginning treatment walked a block with difficulty, at the end of two weeks could walk a mile.

Dr. Hopkins has treated ten cases in all. The period of experiment has been less than a year, but the success is sufficient to warrant a continuance of the treatment.

BRAND TREATMENT OF TYPHOID.

From an analysis of 1,904 cases, Drs. Wilson and Salinger find that the treatment by cold baths does not avert nor diminish the frequency of hæmorrhage, but does that of perforation. It diminishes the danger of complication especially in the respiratory and circulatory tracts, and it is apparently attended by a somewhat increased frequency of relapse, but the statistics are rather unsatisfactory in this regard, and it is also attended by albuminuria in a large percentage of cases. It has no influence on increasing the danger of otitis media. The modifications of the method originally formulated, adopted as a result of experience, are: Administration of purgatives—calomel—early in the attack. (2) External applications, cold compresses, and occasionally turpentine stupes. (3) Medication in special cases. (4) The temperature at which the bath is administered. Whenever the temperature reaches 101.4, three hours after the bath, it is repeated. (5) Continuation of the bath during convalescence, giving one or two plunges a day during defervescence, and a plunge every one or two days for a short time after. (6) The tub need not be kept close to the bed, and the milder cases help themselves in and out. (7) The sooner the treatment is begun, the better.

The Nurses' Christmas Gift.

The *Morning Post* announced some time ago its intention of sending a Christmas Gift from the nation to the nurses serving in South Africa. After due consideration it has been led to believe that the most acceptable gift will be a "Nurse's Wallet" fitted with the required instruments. It is now made public that Queen Alexandra has been pleased to permit her Crown and Monogram to be stamped on the wallets, as a testimony of the interest and sympathy she takes in the work of the Field Force Fund of which she is Patroness.

Appointments.

MATRON.

Miss Elizabeth Holliday has been appointed Matron of the Lloyd Cottage Hospital, Bridlington, East Yorkshire. She was trained for three years at the Infirmary, Bradford, and has held the positions of Night Superintendent and Assistant Matron at the Royal Hospital for Sick Children and Women, Bristol. There were sixty-four applicants for the appointment.

Miss L. E. Freeman has been appointed Matron at the Stratford-on-Avon Joint Infectious Hospital. She received her training at the Infirmary, Shrewsbury, and at the Isolation Hospital, in connection with the Chester Infirmary. She has also held the positions of Matron of the Borough Hospital, Kidderminster, and of the Joint District Hospital, Belper.

SISTER.

Miss A. M. Sampson, who received her training at the General Hospital, Bristol, has been promoted to the position of Ward Sister.

Miss A. Curry, who was also trained in the same hospital, has been appointed Sister of the Children's Ward.

Miss Margaret M. O'Flynn has been appointed Sister at the Royal Hospital for Sick Children and Women, Bristol. She received her training at Drumcondra Hospital, Dublin, where she also acted as Charge Nurse. For the last few years she has held the position of Sister at Mercer's Hospital, Dublin.

NURSE.

Miss Agnes Warburton has been appointed Nurse at the Royal Albert Edward Infirmary, Wigan. She received her training at the Liverpool Royal Infirmary, and has worked on the private nursing staff of that institution.

[previous page](#)

[next page](#)